



## A God of Rock and Roll



It was a cool, spring night and I was sitting alone in a café when a man sat down beside me. At first, I judged him; he seemed restless, and I felt that my space had been a bit impinged upon, but soon I let those feelings pass and I introduced myself. We began to converse, and over the course of the evening, I came to find that I was sitting next to



someone very famous: quietly famous as I had to pry his life story from him sentence by sentence. First, this man was a foreigner, a stranger, and yet, as we engaged, he became a friend.

The Greeks thought strangers could be gods or goddesses in disguise. Traditionally, the Greeks were always kind and respectful to strangers, because if the stranger turned out to be a god, they could be eternally blessed by that god or goddess. *Xenos* refers to the variety of what a particular individual can be, specifically guest, host, stranger, friend, and foreigner. Any one of them could be, in turn, a god.

This ambiguity, this reciprocity allows one to be both: guest and host, foreigner, and friend. When we look within, we can treat all parts of the self in this same manner. We can welcome those hidden aspects, make friends with our less desirable or unknown qualities, and remain open to our personal evolution and transformation.

My new friend and I have since shared a meal with family, and we have made some plans to listen to music at his club. Had I not been able to move beyond my judgments and become a good host, welcoming him as a guest, I may not have met this God, A God of Rock and Roll.

Image courtesy of: [Diane Picchiottino @diane\\_soko](#)

*The Tim Dukes Method provides an opportunity for self-reflective individuals to cultivate the capacity to receive into consciousness hidden aspects of the self, claiming your unique gifts – ensuring that today's brilliance successfully transitions into tomorrow's wisdom. The Tim Dukes Method is designed and implemented by Dr. Timothy Dukes for determined creatives to ensure long-term viability — as a continuing investment in the well-being of yourself, family, organizations, culture, society, and the Earth itself.*