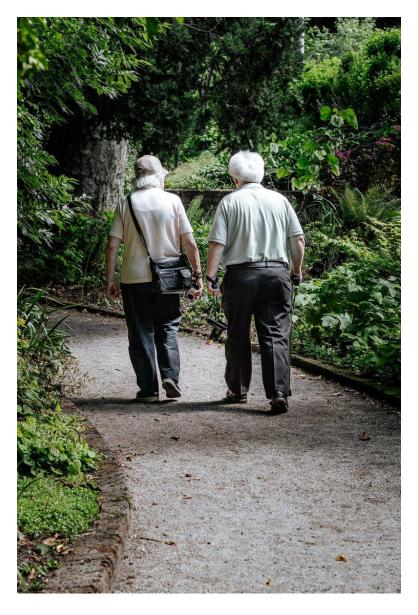


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## A Quantum Theory of Relationship



Our relationships exist separately from us in a formless field of possibility, and our participation determines their success. How we feel, think, and behave is directly mirrored by our connections with others. Our relationships exist in subtle and nuanced forms that are determined in a moment-to-moment participatory, relational state - a confluence of



DrTimothyDukes.com | Sanctuary | Inquire | A Quantum Theory of Relationship | 20230922 energy, consciousness, and behavior contributed to by all involved. It is not until we observe, hold, and thereby participate that our relationships come into form. In any given moment of relating, the degree of consciousness shaped by our individual psychological and emotional patterns predetermine the form the relationship may take. In other words, our relationships are a participatory-phenomena dependent upon not only our behavior but by how we think and feel as we engage.

There, however, is a catch; how we think and feel about our relationships is often entirely separate from the actual potential that lives within the relationship:

- Our thoughts about our relationships are just that, thoughts about our relationships.
- Our feelings about our relationships are just our feelings. They may or may not have much to do with the actual relationship.

It is not until we are engaged with the other or others who comprise the relationship that we can accurately determine its true nature. Meaning, this interdependent, co-arising entity, relationship, carries within it a potential for transformation. Knowing this, we have an opportunity to shape each moment of interaction. Whether we are with a stranger, our children, partner, colleagues, or friends - we have a choice:

- If we greet the moment with kindness, a soft response emerges.
- If we show up with happiness, we invite a playful and hopeful connection.
- When we connect with compassion, an opportunity for deeper understanding is available.
- When we embrace the moment with curiosity, we open to a dance with the unknown.

"With a mindful and present understanding, we can re-discover our relationships within an unfolding opportunity of possibility." -Tdukes



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## Image Courtesy of: micheile henderson @micheile

The Tim Dukes Method provides an opportunity for self-reflective individuals to cultivate the capacity to receive into consciousness hidden aspects of the self, claiming your unique gifts – ensuring that today's brilliance successfully transitions into tomorrow's wisdom. The Tim Dukes Method is designed and implemented by Dr. Timothy Dukes for determined creatives to ensure long-term viability — as a continuing investment in the well-being of yourself, your family, organizations, culture, society, and the Earth itself.