

DR. TIMOTHY DUKES

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## Answer the Call



Refusal of the summons converts the adventure into its negative



I am often fascinated by the idea that; *our choices determine one life as they exclude another*. We make choices throughout the day; to listen, to ignore, to inquire, or to close-off. These are subtle choices driven by forces beyond our recognition. We can be in a hurry and overlook the expression on a colleague's face, "was there something there to pay attention to?" We can leave our home in the morning having put off an opportunity to focus on a loved one, because we were trying to capture the last few fragments of a news report - Not good, not bad, just the choices we make, as we either drive or are driven through our day. What life goes un-lived as we make these choices?

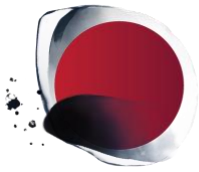
### ***How many other opportunities are we missing?***

Often in life, perhaps in one moment, we are given an opportunity to listen. If we are still enough for only this moment, we may hear what is calling to us. We have a choice, at this time, in this very moment, to decide; "do I listen" and "do I move on" or "do I move back into the pattern of the familiar?"

**Do I answer the call and take the risk inherent in its promise; to change me, riddle me, into being more fully who I am?**

### **Quote**

"Often in actual life, and not infrequently in the myths and popular tales, we encounter the dull case of the call unanswered; for it is always possible to turn the ear to other interests. **Refusal of the summons converts the adventure into its negative.** Walled in boredom, hard work, or 'culture,' the subject loses the power of significant affirmative action and becomes a victim to be saved. His flowering world becomes a wasteland of dry stones and is meaningless – even though, like King Minos, he may through titanic effort succeeded in building an empire of renown. Whatever house



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he builds, it will be a house of death: a labyrinth of cyclopean walls to him from his Minotaur. All he can do is create new problems for himself and await the gradual approach of his disintegration.”

— Campbell, 1949, p. 59

Image Courtesy of: [Geranimo @geranimo](#)

## Reference

Campbell, Joseph. 1949. *Hero with a thousand faces*. Princeton University Press.

*The Tim Dukes Method provides an opportunity for self-reflective individuals to cultivate the capacity to receive into consciousness hidden aspects of the self, claiming your unique gifts – ensuring that today’s brilliance successfully transitions into tomorrow’s wisdom. The Tim Dukes Method is designed and implemented by Dr. Timothy Dukes for determined creatives to ensure long-term viability — as a continuing investment in the well-being of yourself, family, organizations, culture, society, and the Earth itself.*