



## As Leaves from a Tree



We do not “come into” this world; we come out of it, as leaves from a tree.

As the ocean “waves” the universe “peoples.”

Watts, A. The Book, p. 9.

We are defined by our relationships and co-exist in this interdependent union. We are not separate and disconnected. The experience of being separate is an illusion. We are connected, each to the other; we have always been and will always be.

Our personal and professional relationships may be the most productive context to glean a true sense of this oneness and to begin to appreciate and tangibly receive the



benefits. We can profit from the realization and appreciation of our deep and undeniable connections.

To reach the outcomes we are after, to perform at the level we know we are capable of, and to achieve our dreams, we do so through our connections with other people and the support that they offer. And if, in fact, we already live in connection with one another, we do not have to create the bond that brings about the realization of our goals, we just must be willing to remove the distortions that inhibit their manifestation.

Image Courtesy of: [Todd Quackenbush @toddquackenbush](#)

*The Tim Dukes Method provides an opportunity for self-reflective individuals to cultivate the capacity to receive into consciousness hidden aspects of the self, claiming your unique gifts – ensuring that today’s brilliance successfully transitions into tomorrow’s wisdom. The Tim Dukes Method is designed and implemented by Dr. Timothy Dukes for determined creatives to ensure long-term viability — as a continuing investment in the well-being of yourself, your family, organizations, culture, society, and the Earth itself.*