



Closing Ceremony



What am I moving into life?

- I Enter Ceremonial Time
 - A. Bowing Exercise
 - B. Brief Meditation on Breath.



C. Reading:

II Symbolic Offering

A. Talking Stick held.

B. Everyone in-turn presents symbol:

1. As they respond to

a. "What have I taken-in or gathered and held internal because of the work/process.

b. "With this I offer....

2. Individual places symbol on the alter.

3. Everyone claims a small Buddha or similar gift.

III Symbolic Ending/Death

A. Leader smudges the offerings.

B. The candles are removed.

C. A drum is beating.

D. Alter is covered with a shroud.

E. The End

F. Read: "A Prayer for Balance". Andrews, Lynn. (1996). *Walk in spirit: Prayers for the seasons of life*. Acacia Publishing. Pp.85-86.

IV Ceremonial Time: Bardo/Transition.

A. Individuals respond to:

1. "Who am I?" (talking stick held in hand).

V Renewal/Rebirth/Embodiment of Spirit/ Enthronement of Self.

A. With talking stick retrieved from the alter and held.

B. Individuals in-turn claim one symbol from the alter.

C. Embodiment of Spirit

1. "What I am moving into in life".

2. "What is my intention as I move into life?"

VI Closing/Beginning

A. Each person greets everyone anew and wish them well with blessings.



ENDING CEREMONY-LINK AND SEPARATE

I. Process

- a. Picks themselves up and waits at the top of the stairs.
- b. Second person leaves group and says good-bye to the first person.
- c. Third person joins first and second and says good-bye.
- d. Continues until everyone has said good-bye to everyone else.

II Function

- a. To provide a context for everyone to connect with every other group participant.
- b. Builds individual and collective rapport.

Image courtesy of: [Karsten Winegeart](#) [@karsten116](#)

The Tim Dukes Method provides an opportunity for self-reflective individuals to cultivate the capacity to receive into consciousness hidden aspects of the self, claiming your unique gifts – ensuring that today’s brilliance successfully transitions into tomorrow’s wisdom. The Tim Dukes Method is designed and implemented by Dr. Timothy Dukes for determined creatives to ensure long-term viability — as a continuing investment in the well-being of yourself, family, organizations, culture, society, and the Earth itself.