

Hidden Potential

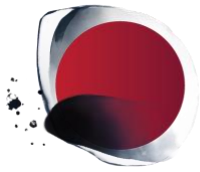


It resides just outside of your view.

A hidden potential resides just outside of view in all human interaction. This potential informs the process of human connecting, through a subliminal and vague sense that something “new” is trying to occur. When awareness is brought to the process of communication between people and the field of attunement develops and expands this potential begins to reveal itself.

A hidden potential reveals through sensory experience which is not the primary mode of experience for the individual. If someone is primarily a visual person this potential may begin to stir through a sensation in the body or a flow of emotions.

- “Me and it” is not the consciousness through which hidden potential arises.
- Positioning in such a way to allow the emergence of the yet to be realized — or the creative element.



- It is that which arises out of a dynamic interplay between the conscious and the unconscious.
- Through listening and sensing, you live into a world that is consistently seeking your consciousness.
- All objects, all others, hold information that is seeking to be revealed.

Method

- Approach the unknown with an open mind. Too much “knowing” and one disallows that which is seeking to reveal.
- Ask, what am I trying to recover?
- What is seeking my attention?
- Allow the disturbance in psyche.
- The cultivation of the capacity for ambivalence arises out of this willingness to hold and allow what is seeking to reveal.
- Hindrances are seen as symptoms of life yet to be lived, voices not heard, or not yet spoken. They include fear, anger, doubt, judgment, malaise, and ignorance. How these mind states are recognized, lived, and integrated into effective communication is the context through which the hidden potential reveals itself.

Image (search “Hidden Potential”) courtesy of: [Kevin Johnston](#) [@kmjohnston](#)

The Tim Dukes Method provides an opportunity for self-reflective individuals to cultivate the capacity to receive into consciousness hidden aspects of the self, claiming your unique gifts – ensuring that today’s brilliance successfully transitions into tomorrow’s wisdom. The Tim Dukes Method is designed and implemented by Dr. Timothy Dukes for determined creatives to ensure long-term viability — as a continuing investment in the well-being of yourself, family, organizations, culture, society, and the Earth itself.