

Practical Kindness

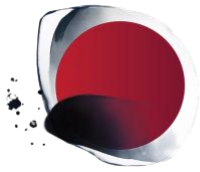


We reveal and are revealed by, that which informs our oneness.

"If I have a chance at the time of my death to take an accounting of what I've done, I won't be asking how enlightened I've become, I'll be asking how much kindness I've shown to others." - Lin Jeson

As conscious beings, we can develop an understanding of how to proceed with our daily responsibilities by receiving guidance from the teachings of others. Lin Jeson reminds us of the importance of kindness as exemplified by the Buddha; he

"Set out walking the earth not in quest of enlightenment but in search of a means to end the suffering he saw all about him. If I ever hope to realize a generous, loving, merciful, nonviolent human society, I too must carry on the daily practice of generosity, love, mercy, and nonviolence that the Buddha set in motion. This is the practical and ordinary work of the bodhisattva."



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Perhaps, our enlightenment comes in a brief flash of kindness where ***we reveal and are revealed by, that which informs our oneness.***

Reference

www.tricycle.org/article/kindness

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