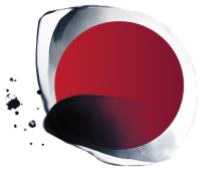


Tango



Have you lost your mind?

“Reading my mind, an older woman dropped out of the dance, sat down beside me, and said, “If you join the dancing, you will feel foolish. If you do not, you will also feel foolish. So, why not dance?”



And, she said she had a secret for me. She whispered, "If you do not dance, we will know you are a fool. But if you dance, we will think well of you for trying."

Recalling her wise words, I took up the challenge of tango.

A friend asked me if my tango-mania wasn't a little ambitious. "Tango? At your age? You must be out of your mind!"

On the contrary: It's a deeply pondered decision. My passion for tango disguises a fearfulness. I fear the shrinking of life that goes with aging. I fear the boredom that comes with not learning and not taking chances. I fear the dying that goes on inside you when you leave the game of life to wait in the final checkout line.

I seek the sharp, scary pleasure that comes from beginning something new — that calls on all my resources and challenges my mind, my body and my spirit, all at once.

My goal now is to dance all the dances as long as I can, and then to sit down contented after the last elegant tango some sweet night and pass on because there wasn't another dance left in me.

So, when people say, "Tango? At your age? Have lost your mind?" I answer,

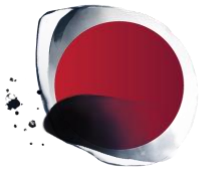
"No, and I don't intend to."

Reference

<http://www.npr.org/templates/story/story.php?storyId=15679626>

Image (search "Tango") courtesy of: [Preillumination SeTh @7seth](#)

The Tim Dukes Method provides an opportunity for self-reflective individuals to cultivate the capacity to receive into consciousness hidden aspects of the self, claiming your unique gifts – ensuring that today's brilliance successfully transitions into tomorrow's wisdom. The Tim Dukes Method is designed and implemented by Dr. Timothy Dukes for determined



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creatives to ensure long-term viability — as a continuing investment in the well-being of yourself, family, organizations, culture, society, and the Earth itself.