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The Blue Flower



I decided I had had enough. I wanted to die.

"I returned from the war to my village," she told me. "Just at the close of the WWII. The snow was black, most of my friends were gone, my family was lost to the camps. I was alone. There was nothing then for me to come back to, I had no home, it too was destroyed. I decided I had had enough. I wanted to die so I began to walk out into the black mountains, a cold, wet day with little food or water.



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Finally, I had gone as far as I could manage. I sat down in a clearing, snow around, cold, tired, lost in grief and was prepared to die. As things were darkening, at my feet I noticed a small grouping of blue flowers. So delicate, so alone, so beautiful. I remembered my childhood, and something happened inside of me. I knew that just this much beauty was enough to live for. Now I had to find my way out of these mountains. I had to find my way home."

And that is another story.

— Timothy Dukes, Personal Communication with Dora M. Kalff

Image courtesy of: Tauhid Ronob @r_nob

The Tim Dukes Method provides an opportunity for self-reflective individuals to cultivate the capacity to receive into consciousness hidden aspects of the self, claiming your unique gifts – ensuring that today's brilliance successfully transitions into tomorrow's wisdom. The Tim Dukes Method is designed and implemented by Dr. Timothy Dukes for determined creatives to ensure long-term viability — as a continuing investment in the well-being of yourself, family, organizations, culture, society, and the Earth itself.