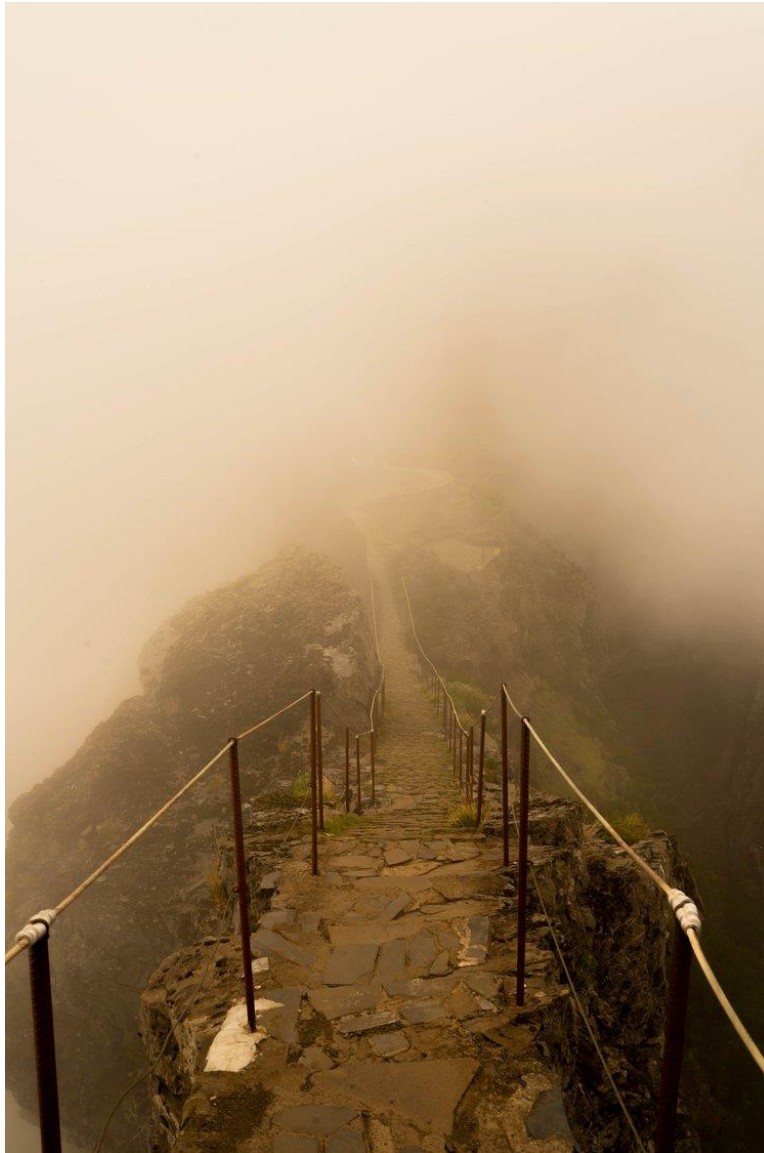


Uncertainty



Introduction

Living in the context of uncertainty is an “about-to state.” Something is about to happen and the energetic in consciousness is such that it allows for great possibility; the



possibility that what is seeking our attention in the unconscious or the collective unconscious, will reveal itself in consciousness.

Quotes

“Dear Frau V. Your questions are unanswerable because you want to know how one *ought* to live. One lives as one *can*. There is no single, definite way for the individual which is prescribed for him or would be the proper one. If that’s what you want you had best join the Catholic Church, where they tell you what’s what. Moreover this way fits in with the average way of mankind in general. But if you want to go your individual way, it is the way you make for yourself, which is never prescribed, which you do not know in advance, and which simply comes into being of itself when you put one foot in front of the other. If you always do the next thing that needs to be done, you will go most safely and sure-footedly along the path prescribed by your unconscious. Then it is naturally no help at all to speculate about how you ought to live. And then you know, too, that you cannot know it, but quietly do the next and most necessary thing. So long as you think you don’t yet know what this is, you still have too much money to spend in useless speculation. But if you do with conviction the next and most necessary thing, you are always doing something meaningful and intended by fate. With kind regards and wishes, Yours sincerely, C.G. Jung”

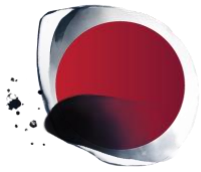
“The quality of your life is in direct proportion to the amount of uncertainty you can comfortably deal with.” ~Tony Robbins

“This is the extraordinary thing about creativity: If you just keep your mind resting against the subject in a friendly but persistent way, sooner or later you will get a reward from your unconscious.” — John Cleese

“The outbreath is like giving birth to the universe. You just let go.” ~ Chögyam Trungpa

Links

- Article by Jennifer Chrismen: <https://tinybuddha.com/blog/accepting-uncertainty-can-happy-without-answers>
- DrTimothyDukes.com/Sanctuary/Reflect/Why do You Run
- <https://tinybuddha.com/blog/7-ways-to-deal-with-uncertainty/>



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Image courtesy of: [Noah Grossenbacher](#) [ravni](#)

The Tim Dukes Method provides an opportunity for self-reflective individuals to cultivate the capacity to receive into consciousness hidden aspects of the self, claiming your unique gifts – ensuring that today’s brilliance successfully transitions into tomorrow’s wisdom. The Tim Dukes Method is designed and implemented by Dr. Timothy Dukes for determined creatives to ensure long-term viability — as a continuing investment in the well-being of yourself, your family, organizations, culture, society, and the Earth itself.